



# Pony Club Association South Australia

132 Rose Terrace WAYVILLE. SA.5034

Email: [ponyclubsa@gmail.com](mailto:ponyclubsa@gmail.com)

[www.ponyclub.asn.au](http://www.ponyclub.asn.au)

ABN: 15 2888 078 234

## PCA NATIONAL CHAMPIONSHIP INFORMATION for 2019

1. Minimum age of 13 years as at 1/1/2019
2. Completed their "C" certificate as at 1/1/2019
3. Minimum of 4 quallies at start of competition
4. Must be a current financial member of their Club
5. Must be a member of their Zone development squads –Form attached for each combination
6. **Expressions of interest forms are to be sent through clubs to Zone to PCASA Office, then State Co-ordinator**
7. **Active Club /Zone & Team player**
8. All horses must be microchipped
9. One horse/ one rider
10. May need to Choose interschool or PCA Nationals (too much over 2 weeks)

### Riders must be competing at the appropriate level below &/or have a horse capable of:

1. Eventing- **Junior-** novice, X country pre novice (Grade 1), S/J 105 cm  
**Senior-** Elementary, X country pre novice and a few 1\*-S/J110cm
  2. Show Jumping-Sub Juniors max 80cm, Junior-105-115cm. Senior-110-120cm
  3. Dressage-Sub Juniors- Prelim & Novice, Junior-Novice-Elementary. Senior-Elementary- Medium
  4. **Games-Junior and Senior** the same
  5. **Tetrathlon-Juniors and Seniors are different for 2019 rules TBA**
- Riders are expected to attend both PC & EA Competitions

State Selectors will be in attendance at various PCASA & EA competitions throughout the timeframe.

### Compulsory Attendance at:

1. 2019 TWEPC ODE at required grade.
2. 2019 State Championship at required grade
3. State camp TBC
4. Minimum of 4 training sessions to be held over 18 months
5. Interviews with rider will be held and long list confirmed.

## Costs: Approximate only

1. Travelling interstate, both human \$500.00 airfare return & horse \$1000.00.  
For interstate travel we tend to fly together & horses go on transport.
2. Entries are Currently paid by PCASA
3. Accommodation & Food in Sydney : \$600.00
4. Stabling Costs : \$350.00
5. Uniforms : \$800.00
6. Training is at rider cost albeit Zone/State subsidized.

You may **fund raise** but if a profit is made this must be donated to the team.

No other **VISIBLE** sponsorship if we have a State sponsor

**Rider Expectations:** Be a Team player, help, support & respect each other, remember you are on show. Pony Club ethos is paramount & will count toward selection. A signed Code of Conduct will be required (parents to sign if under 18 years)

Listen to your older team members, coaches & team managers, they have lots of experience & have been there before.

Wear uniform in Sydney at all times & horses **must** have rug on when out of stable.

**Parent Expectations:** Parents will have no input into rider warmup once competition has commenced. A signed Code of Conduct will be required

Selections are made on a combination's ability, rider attitude, team spirit, maturity, club recommendation, & the ability to play by the rules.

**Selectors:** PCASA President, vice president/s, discipline coach

**Coaches:** Heather Lundquist, Dom Jones, Sindy Brown, Karen Charles & Sue Young

**Team Managers** are usually parents & if you are interested please let us know

**Training Co-ordinators** are usually parents & if you are interested please let us know

Any questions please contact:

Debbie Cook: 0457 699 049

Di Birmingham: 0417 806 747

Date: 22//10/18 Amended: 20/11/18



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# PCASA Rider Development Program

**Zone Squads: As the name suggests these squads are at Zone level and it will be the responsibility of each zone to conduct their own squad training.**

- All state appointed coaches will be available to coach at these trainings. It will however be the responsibility of the zone to liaise with the coaches for their specific requirements.
- It is recommended that each zone have a co-ordinator that could organize this. Zone may use their own coaches but it would be advantageous for these coaches to liaise with the state coaches so that there is a continuity of instruction and the aims of the squads are met.
- Zones are required to run training sessions a minimum of 2 times per year.
- Riders at this level, who have not yet obtained their 'C' certificate should be actively encouraged to do so. Prior to 1/1/19.

## **State Squads:**

The aim of this squad is to develop the skills of riders working towards competing at National Championship Level. The State Team for the National Championships will come from this Squad.

**Coaches: Dressage:** Heather Lundquist, **Eventing:** Dom Jones, **Tetrathlon:** Sindy Brown, **Show jumping:** Karen Charles & **Games:** Sue Young

Riders can nominate to attend Zone / State Squad training after meeting set criteria.

- Squad members are expected to be committed to the Pony Club ethos and abide by the Pony Club codes of conduct, especially as they will be ambassadors for PCASA when competing at Nationals.
- Riders eligible for consideration must submit a Zone application. Riders may also be nominated for selection by their clubs, zone &/or coaches.
- Parents should sign the Zone Squad Application form, as there is a considerable commitment required. (Forms on web under documents-then applications)
- It is expected that training will occur every 3 months, becoming more frequent closer to the Nationals.
- Squads will be revised every 6 months or as necessary- allowing for riders to move in and out of the squad as deemed necessary.
- Positions on the squads should be seen as a privilege and a goal pony clubbers should be working towards. There-by encouraging especially older riders to remain in pony club.
- Squad training will provide training by highly qualified coaches working towards the National competition - It is therefore assumed that anyone nominating for the State Squad is prepared to travel to the National Championship if selected for the team.
- Riders can nominate for any disciplines.
- Continuity of coaching will give riders the opportunity to obtain information on a personal level from coaches.
- Riders will work within a team environment and are expected to be committed to attending training squads.
- It is the aim of the squad to not only develop riding skills but to also develop skills of horsemanship, sports psychology, nutrition, Veterinary etc.

**Nominations must be sent in on application form (found in documents under Applications) to Zone Secretary. Training to be within the Zone and long list of potential State rider's names and information forwarded to the PCASA State Office, & State Co-ordinator with the forms below signed.**

## PCA NATIONAL CHAMPIONSHIPS - State Team Selection

### Criteria PCA NATIONALS to be held in Sydney 7<sup>th</sup>-13<sup>th</sup> Oct 2019

The requirements of PCASA from competitors who wish to nominate for the National Competition are as follows:

1. Minimum age of 13 years as at 1/1/2019
2. Completed their "C" certificate as at 1/1/2019
3. Minimum of 4 quallies at start of competition
4. Must be a current financial member of their Club
5. **Expressions of interest forms are to be sent through clubs to Zone to PCASA Office, then State Co-ordinator**
6. Active Club /Zone & Team player

Riders must be competing at the appropriate level as below &/or have a horse capable of:

1. Eventing- **Junior**- novice, X country pre novice (Grade 1), S/J 105 cm  
**Senior**- Elementary, X country pre novice and a few 1\*-S/J110cm
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3. Dressage- Sub Juniors –Prelim & Novice, Junior-Novice-Elementary. Senior-Elementary
4. Games-Junior **and Senior** the same
5. Tetrathlon-Juniors **and Seniors are different in 2019 Rules -TBA**

Riders are expected to attend both PC & EA Competitions

State Selectors will be in attendance at various PCASA & EA competitions throughout the time frame.

### Compulsory Attendance at:

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Signature:

(Parent if rider under 18years)

Name:

Date:

# PCASA ZONE TRAINING SQUAD APPLICATION FORM

Each rider must submit an application form *before* attending Squad functions.

Name of Rider: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile \_\_\_\_\_

Email: \_\_\_\_\_

PIC #: .....

Name of Horse \_\_\_\_\_ PC card NO: \_\_\_\_\_

Pony Club \_\_\_\_\_ Riders date of Birth \_\_\_\_\_

## Discipline you wish to nominate for, may choose more than 1:

Dressage.....	YES/NO	Level.....
Show Jumping.....	YES/NO	Grade.....
Eventing.....	YES/NO	Grade.....
Games..	YES/NO	
Tetrathlon.....	YES/NO	

**Resumes of past performances should be prepared and presented to Zone Chief Instructors for information and Zones to pass on to State Co-ordinator with recommendations to be added to State Squad Training.**

All riders **MUST** hold their "C" certificate before they can be selected in a State team to represent PCASA, in a National competition or nomination for International selection.

Riders do not have to hold a C Certificate to participate in training but must complete before 1/1/19 to be considered for National Selection

I \_\_\_\_\_ do / **do not hold my "C" certificate.**

Signature of rider (or Parent/ Guardian, if under 18 yrs). \_\_\_\_\_

Rider's Club \_\_\_\_\_

This form *must* be signed by the Club Secretary to indicate financial status and also, that the Club is aware that the rider is joining the Zone Training Squad.

Club Secretary Signature \_\_\_\_\_

Zone Secretary Signature \_\_\_\_\_

**If the candidate meets State criteria this form will be forwarded to PCASA & State Co-ordinator & the rider will then be added to the State Squad. (Attached)**

## **Quiz Phases:**

**Mega Room Phase** - is comprised of tables with horse related items displayed on them. All items in the Mega Room Phase are identified by matching them with an answer sheet given to each competitor. Competitors compete individually in Mega Room and the top three scores will be totalled for a team score. The Mega Room Phase varies in number of Rounds depending on availability of props and facilities.

**Written Test Phase** -The Written Test is comprised of up to 25 questions addressing the efficiency standards and up to one level above associated with that age group.

**Classroom Phase** - oral questions are asked in a classroom setting. A Round is complete, when, each member of a team has answered required questions. Teams will answer in order, during each Round starting with the captain of the team.  
In a four person team, the lowest score of will be dropped. In a three person team, all scores will be totalled.