

**Pony Club Association of South Australia**  
**Riding & Road Safety Testing and Technical Criteria Document**  
**For the Year 2008-09**

Name \_\_\_\_\_

Date \_\_\_\_\_

Item	Technical Criteria - how you must present	C	NYC	Examining Notes
Wear Pony Club Uniform	The rider must wear full official uniform for their club, and must be clean and tidy			
	Clean boots (as permitted by the rules)			
	The helmet must be of current standard and correctly fitted			
Safety gear	The rider must not be wearing any jewellery (except per the rules)			
	The rider must be wearing a fluorescent/reflective vest			
	The use of spurs is permitted at the discretion of the Chief Instructor			
Pony Safety wear	Light-coloured gloves (recommended)			
	Carry whistle, mobile phone, string, hoof pick			
	The pony should be reasonably neat and tidy and be free of loose mud and sweat			
Saddlery	It is recommended that the pony have at least one piece of fluorescent/reflective gear on - ideally leg wraps			
	All tack should be in good enough repair that it is soft (ie stitching in places such as stirrup leathers, girth straps etc must be in good condition)			
<b>RIDING</b>				
<b>Technical Criteria - what you must be able to do</b>				
Item		C	NYC	Examining Notes
Mount	Mount from the near and offside using a block if necessary			
Awareness	Demonstrate (exaggeratedly) awareness of other road users by looking behind, to left and to the right			
	Twisting from waist, looking behind unhurried and eye contact to be made with other road users			
	Checking inside of vehicle for potential 'hazard'			
Road Positioning	Understand and demonstrate the correct positioning of horse and rider on the road:			
	Position maintained throughout (approx 50-80cm from nature strip)			
	Position regained (if applicable) as soon as possible			
	Safe distance from parked car (leaving sufficient space for car door to open)			
Signalling	Position maintained past "hazards" - maintaining straightness of horse whilst unmounted			
	Demonstrate the use of holding reins in one hand whilst using the other to signal.			
	Correct positioning of hand when signalling			
	Concise, unhurried signalling prepared in time for manoeuvre			
Courtesy	Rider demonstrates Observe, Signal, Observe procedure at all times before manoeuvring (note: e.g. after stopping for any reason)			
	Demonstrate how to thank a fellow road user (nod, smile, say 'thank you')			
Hazards	Ride confidently past a number of road hazards			
	Road works (cones & flags)			
	Stationary vehicle			
	Pedestrians			
Emergency Dismount	Dismount quickly and efficiently			
	Crossing the offside stirrup over the withers whilst dismounting.			
	Place the nearside stirrup over the top of the offside stirrup			
	Bring reins (if a Martingale is not worn) over the head			
	Check for traffic before moving to offside			
	Move swiftly to the offside either under or in front of the horse taking up the reins in both hands			

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continued	Look behind to ensure it is safe to move off and walk purposefully beyond the hazard before remounting.	C	NYC	
Remount	Replace reins over horses head			
	Take back the near side stirrup			
	Push right stirrup to the offside			
	Remount in accordance with PC D/D* (using block if necessary)			
	Observe, signal, observe, manoeuvre			
	Retake this routine if not safe to move off initially			
	<b>Technical Criteria - What you need to know</b>			
<b>Item</b>		<b>C</b>	<b>NYC</b>	
Safety Wear	Difference between fluorescent and reflective materials			
Basic Road Rules	What side of the road to ride on			
	Road Positioning - recommended distance from nature strip			
	Understand that a horse is considered a "vehicle" on the road and must obey the Australian Road Rules			
	Road signs and what they mean: Stop, Giveaway, Traffic Light colours			
	Use of the nature verge in emergency situations only			
	How to ride as a pair on the road			
	How to ride as a group on the road			
Defensive Riding	How to decide when to ride defensively			
	How to ride defensively			
Courtesy	List at least 3 ways to show courtesy to other road users			
Awareness	What to look for when passing a stationery vehicle (potential hazards)			
	What precautions to take when taking a young horse out on the road			
	Dangerous road conditions - list at least 3			
	What to do in the event of an accident			

Examined by \_\_\_\_\_

Date \_\_\_\_\_