

Lungeing at ALL pony club activities and grounds.

This applies to anyone using any pony club grounds any time.
You must be 14years and over to lunge a horse at Pony Club.

EFFECTIVE 30/9/2013

EQUIPMENT

All equipment must be in good repair.

1. The lungeing cavesson must fit snugly around the horse's nose. If it slips it may rub the eye. The noseband should be quite tight and preferably have a jowl strap attached level with the eye that holds the cheek piece away from the eye. It should be fitted as low as possible and still remain clear of the soft area of the nostril. This allows more leverage on the horse's head and hence better control.
2. The lungeing whip should be light and well balanced.
3. The lungeing rein should be made of cotton webbing or nylon, and be approximately 30 mm wide and 10 to 11 m long. The loop in the end should be knotted or stitched closed. There should be a swivel hook at the other end.
4. The horse must be fitted with appropriate equestrian boots on all four legs.
5. The handler must wear an approved helmet with the chin strap done up.
6. The handler must wear approved boots.
7. Spurs must not be worn
8. Jewellery is not permitted.
9. Gloves are essential to prevent rope burn, and as a general safety measure.
10. Only one person at a time to lunge the horse.

AREA TO WORK IN

1. Ideally, the lungeing area should be a circular yard with radius of 7.5 m to 10 meters. It should be enclosed by a strong fence with nothing protruding on the inside. The working surface should be even and non-slippery. If a round yard is not available, any small rectangular yard will do provided it is safe and has a good surface to work on.

For further info see "K" notes.