

# MINIMUM MEDICAL STANDARDS FOR PONY CLUB®

## Why Are We Introducing Minimum Medical Standards?

Several coronial inquests into equestrian rider fatalities in Australia made recommendations to make equestrian sport safer for riders, volunteers, and spectators.

Our own internal incident reporting has shown over 1,550 incidents in 2021, with 92% of these being rider falls.

Pony Club® aims to implement best practice in equestrian safety to ensure the ongoing health and wellbeing of participants, especially our young riders.

**From 1st July 2022**, the Minimum Medical Services for Pony Club® Activities Framework is being introduced to set the standards of First Aid and Medical Attendance for Pony Club® activities. The framework shows the various mandatory and recommended levels required to provide an appropriate level of medical services for the Pony Club® activity or competition. It was developed by the National Safety Committee, made up of PCA and elected representatives from each state, including a doctor, coaches, and members with expertise in risk management.

Adherence to the Minimum Medical Services for Pony Club Australia (PCA) Activities Framework benefits riders and assists organisers to be well-prepared to manage Pony Club® events.

# MINIMUM MEDICAL STANDARDS FOR PONY CLUB® FRAMEWORK

## BASE LEVEL

### Applies to:

Rally, Muster, Clinic, Pony Club® Camp with 50 or fewer riders

Competition - Mounted Games, Dressage, Show Riding, Gymkhana, Tetrathlon, Ride to Time with less than 50 riders

	Trained Individuals	Equipment
<b>Mandatory</b>	1 x First Aid Officer HLTAID003 / HLTAID011 Provide First Aid or equivalent (doctor, nurse, paramedic)	1 x <a href="#">First Aid kit human (refer PCA list*)</a> 1 x <a href="#">First Aid kit horse (refer PCA list*)</a> 1 x First Aid point
<b>Recommended</b>	Veterinarian and local ambulance notified of event and estimated numbers	1 x AED

\*The PCA lists for First Aid kits contains recommended contents for a large club

## BASE PLUS

### Applies to:

Rally, Muster, Clinic, Pony Club® Camp with more than 50 riders

Competition – Cross country 65cm and under, Campdrafting with <50 riders

Competition – Combined Training, Showjumping with up to 100 riders and 2 rings running concurrently

Competition - Mounted Games, Dressage, Show Riding, Gymkhana, Tetrathlon, Ride to Time with 51-199 riders

	Trained Individuals	Equipment
<b>Mandatory</b>	2 x First Aid Officers HLTAID003/ HLTAID011 Provide First Aid or equivalent (doctor, nurse, paramedic)	2 x <a href="#">First Aid kit human (refer PCA list*)</a> 1 x <a href="#">First Aid kit horse (refer PCA list*)</a> 2 x First Aid points
<b>Recommended</b>	1 x Registered Paramedic  Veterinarian and local ambulance notified of event and estimated numbers	1 x AED

# MINIMUM MEDICAL STANDARDS

## FOR PONY CLUB® FRAMEWORK CONT'D

### INTERMEDIATE

**Applies to:**

- Competition – Cross country with classes over 65cm with 50 or fewer riders
- Competition – Cross country with classes 65cm and under with 51-149 riders, Campdrafting with 51-149 riders
- Competition - Combined Training, Showjumping with > 100 riders or with 3 or more rings running concurrently
- Competition - Mounted Games, Dressage, Show Riding, Gymkhana, Tetrathlon, Ride to Time with over 200 riders

	Trained Individuals	Equipment
<b>Mandatory</b>	2 x First Aid Officers HLTAID006 / HLTAID014 Provide First Aid or HLTAID013 Provide First Aid in Remote Situations equivalent (doctor, nurse, paramedic)  1 x Registered Paramedic  Veterinarian and local ambulance notified of event and estimated numbers	2 x <a href="#">First Aid kit human (refer PCA list*)</a> 1 x <a href="#">First Aid kit horse (refer PCA list*)</a> 2 x First Aid points
<b>Recommended</b>		1 x AED

### COMPREHENSIVE

**Applies to:**

- Competition – Cross country courses over 65cm with 51-149 riders
- Competition - Campdrafting with more than 150 riders

	Trained Individuals	Equipment
<b>Mandatory</b>	2 x First Aid Officers, either HLTAID006 / HLTAID014 Provide Advanced First Aid or HLTAID013 Provide First Aid in Remote Situations  1 x Advanced Care Paramedic (Registered Paramedic with at least 3 years' experience and postgraduate training)  Veterinarian and local ambulance notified of event and estimated numbers	2 x <a href="#">First Aid kit human (refer PCA list*)</a> 1 x <a href="#">First Aid kit horse (refer PCA list*)</a> 2 x First Aid points 1 x AED  Medical service (Paramedic) to be equipped for airway and injury management.
<b>Recommended</b>	1 x Doctor trained and equipped to provide emergency care  Vet on site for high-risk activities, i.e., cross country phase of eventing	

# MINIMUM MEDICAL STANDARDS FOR PONY CLUB® FRAMEWORK CONT'D

## ADVANCED

**Applies to:** Competition – Cross Country courses over 95cm and more than 150 riders

	Trained Individuals	Equipment
<b>Mandatory</b>	2 x First Aid Officers, either HLTAID006 / HLTAID014 Provide Advanced First Aid or HLTAID013 Provide First Aid in Remote Situations  1 x Registered Paramedic  1 x Advanced Care Paramedic (Registered Paramedic with at least 3 years' experience and postgraduate training)  1 x transporting Ambulance**  1 x Veterinarian and animal response vehicle at event during cross country	2 x <a href="#">First Aid kit human (refer PCA list*)</a> 1 x <a href="#">First Aid kit horse (refer PCA list*)</a> 2 x First Aid points 1 x AED  Medical service (Paramedic) to be equipped for Advanced Airway management, needle thoracostomy, IV fluids, spinal and orthopaedic injury management
<b>Recommended</b>	1 x FACEM Doctor (Fellow Australian College of Emergency Medicine)	

\*\*Note: Ambulance must be the vehicle on site and licensed to transport a patient to hospital under emergency conditions on the day.

### What if medical services at the appropriate level cannot be provided?

There may be circumstances, for example due to geographic remoteness or lack of local providers, where an event organiser is unable to meet the targeted level of medical service.

In this circumstance, an alternative proposal that is the 'best available fit' can be submitted to the state office for approval.

The **Variation Consent Application** must be used. Your state office will conduct a review and risk assessment and then either approve or deny the plan.

**Please access the form here** <https://form.jotform.com/PonyClubAust/medical-standards-variation>

# MINIMUM MEDICAL STANDARDS FOR PONY CLUB® EXAMPLES

## Example Club Activities Requiring First Aid

Here is an example of club activities that could be held and the mandatory and recommended medical service requirements:

### **Example 1:**

Club Combined Training – 70 riders entered

Events include dressage and showjumping. There will only be one showjumping ring

### **Mandatory Medical Services (BASE PLUS)**

Nominated First Aid for event:

#### **2 x First Aid Officers**

Club member - Mrs Brown holds HLTAID011 certificate

Club member – Mr Green holds HLTAID014 certificate (which is excellent as more advanced than the required HLTAID011)

#### **2 x First Aid kit human**

1 x in clubhouse signposted

1 x in central location on grounds where First Aid officer will be posted for the day

#### **First Aid kit horse**

1 x in clubhouse signposted

#### **First Aid points are listed in program**

1 x First Aid location in clubhouse

1 x First Aid point manned by First Aid Officer on grounds with location marked

### **Recommended Medical Services (BASE PLUS)**

**1 x Paramedic** – Hired medical service with one registered Paramedic

#### **AED (Automated External Defibrillator)**

1 x in clubhouse signposted

**NOTIFY** the local ambulance service and local vet to ensure they are aware of the event and sent through details of the estimated patron numbers, date, and time of the event. Put vet details on the program and noticeboard.

**Check your First Aid Kit contents twice a year in June and December as well as after any use.**

**Don't forget to record all incidents online at:**

<https://ponyclubaustralia.com.au/incident-reporting/>

# MINIMUM MEDICAL STANDARDS FOR PONY CLUB® EXAMPLES CONT'D

## Example Club Activities Requiring First Aid

Here is a second example of club activities that could be held and the mandatory and recommended medical service requirements:

### **Example 2:**

State Tetrathlon Championships - 220 riders entered

### **Mandatory Medical Services (INTERMEDIATE)**

Nominated First Aid for the event:

#### **2 x First Aid Officers**

Club member - Mrs Brown holds HLTAID006 certificate (older certification)

Club member - Mr Green holds HLTAID014 certificate (newer, equivalent certification)

#### **1 x registered Paramedic**

#### **2 x First Aid kit human**

1 x in clubhouse signposted

1 x in central location on grounds where First Aid Officers will be posted for the day

#### **First Aid kit horse**

1 x in clubhouse signposted

#### **First aid points are listed in program**

1 x First Aid point in clubhouse signposted

1 x First Aid point in central location on grounds signposted and manned with First Aid Officer

The committee has contacted the local ambulance service and local vet to ensure they are aware of the event and sent through details of the estimated patron numbers, date, and time of the event. They have also put vet details on the program and noticeboard.

### **Recommended Medical Services (INTERMEDIATE)**

#### **AED (Automated External Defibrillator)**

1 x in clubhouse signposted

**Check your First Aid Kit contents twice a year in June and December as well as after any use.**

**Don't forget to record all incidents online at:**

<https://ponyclubaustralia.com.au/incident-reporting/>

## GOVERNMENT GRANT ASSISTANCE FOR STATES AND CLUBS

### Not sure how to get a AED (Automated External Defibrillator)?

Whilst AEDs are not compulsory for clubs to have, as Paramedics will also supply these, they are a great asset for your club, and many grants make them affordable.

St John NT Director Ambulance Services Andrew Thomas said that of the approximate 30,000 Australians who suffer a cardiac arrest out of hospital every year, tragically only 1 in 10 of these people survive.

**“Early defibrillation can more than double a victim’s chance of survival,”** he said.

“In fact, early defibrillation, along with CPR, is the only way to restore the person’s heart rhythm to normal in a lot of cases of cardiac arrest.

“For every minute that passes without CPR and defibrillation, however, the chances of survival decrease by 10%.”

AEDs are easy to operate.  
An AED with paediatric pads is optimum.

### Grants and Programs Finder

This guided search will help you find grants, funding, and support programs from across government. If you can’t find what you’re looking for, most local councils have year-round grant and assistance programs. Check out your council’s website to find out what’s on offer.

#### **Link below:**

<https://business.gov.au/grants-and-programs>

Answer a few questions about your business to find grants and programs you may be eligible for. See the next page for further links to available grants.

### First Aid Qualifications

Course	Course Code
First Aid Officer	HLTAID003/HLTAID011
First Aid Officer - Advanced Care	HLTAID006/ HLTAID014
First Aid Care - Remote Situations	HLTAID0113

The terms Level 3, Level 4 etc are no longer used

### Where Can I Get First Aid Training? some examples below:

[HLTAID011 Provide First Aid Course | Australia Wide First Aid CPR First Aid Training | Most Affordable First Aid Courses First Aid Training Courses | St John NSW](#)

Search for “First Aid Training” + Your Region to find a local provider

## GOVERNMENT GRANT ASSISTANCE FOR STATES AND CLUBS

**Note:** Government grants may become available at any time within your State; the below information is accurate at March 2022. It is your responsibility to research what is the best option for your club. If there currently isn't a State government grant available, consider utilising the Australia Wide options below.



**Location:** Australia Wide

**Link:** <https://sportscommunity.com.au/grants/grants-open-grants/project-defib-defibrillator-subsidies/>

**Location:** Australia Wide

**Link:** <https://cia.communityenterprisefoundation.com.au/Program/Index/1>

**Location:** Western Australia

**Link:** <https://www.wa.gov.au/organisation/department-of-communities>

**Location:** Victoria

**Link:** <https://sport.vic.gov.au/grants-and-funding/our-grants/emergency-sporting-and-recreational-equipment>

**Location:** Queensland

**Link:** <https://www.grants.services.qld.gov.au/#/>

**Location:** Northern Territory

**Link:** <https://nt.gov.au/community/grants-and-volunteers/grants/community-benefit-fund-minor-community-grant/what-you-need-to-know-to-apply>

**Location:** Tasmania

**Link:** <https://www.business.tas.gov.au/funding>

**Location:** South Australia

**Link:** <https://dhs.sa.gov.au/services/grants-for-organisations/grants-sa>