



## **Ride 2 Time Competition and On The Track Training Day**

### **Competition Classes**

PC and EA OPEN and MAIDEN classes

**Gorgeous RUGS for first places, ribbons and prizes for 1<sup>st</sup> - 3<sup>rd</sup> places**

### **Training Classes**

PC Grade 3, 4, 5 and 6 equivalent speeds

Participation ribbons

**Date: Sunday 21<sup>st</sup> August**

**Oakbank Racecourse, Oakwood Road**

**Each combination individually rides 2 trials of 1 km on the Oakbank Racecourse track**

Entry fees: Competition classes \$40, Training Class \$30, EA levy \$10

**Entries via [nominate.com](https://www.nominate.com) Closing Date: 17<sup>th</sup> August 2022**

### **STRICLY NO DOGS PERMITTED**

Briefing and introduction by Clare Lindop

Tie-ups and wash bays available for use

sausage sizzle style BBQ available all day

Come and *Ride 2 Time* on the historic Oakbank Racecourse, experience a behind the scenes look at a working Race Club and get an opportunity to learn the basics of riding trackwork from former top jockey Clare Lindop. ***Ride 2 Time* is not a race** – the aim is to teach riders how to ride safely to optimum times over a given distance, while understanding their horse's natural pace. It helps riders to develop awareness of and ability to control how fast they are travelling and what is a safe and balanced speed. These are skills riders require, not only to become a trackwork rider or jockey, but also in other equestrian disciplines such as cross country events.

**Don't forget to have your photo taken as you pass the finishing post.**

Current PCASA COVID 19 guidelines must be followed. All riders attending must check in at secretary desk. All riders must be current financial members of a Pony Club, EA or PCASA. Proof of membership/waiver and tagged helmet must be provided to the secretary on arrival. Pony Club (PC) combinations must have attended at least 2 ridden pony club rallies to ride. No PC performance card / EA membership - no ride.

Event will be run under PCA rules and with pony club approved gear ([www.ponyclub.asn.au](http://www.ponyclub.asn.au)). It is up to individual riders to be aware of the rules.

- EA riders MUST be a current Financial Member of EA, complete the PCASA EA Waiver and pay levy (on nominate)
- All riders to complete Oakbank Race Course Waiver (on nominate)
- Gear safety check must be completed before riding
  - Level 3 back protectors mandatory
  - No watches or other timing devices permitted
- Casual/XC pony club uniform to be worn in PC classes
- **Riders need to supply their own body number holders and medical armbands.** Body numbers will be provided.
- Any fall of rider requires review by first aid personnel prior to remounting
- NO REFUNDS will be made after the closing date without a Veterinary/Medical Certificate
- Please remove all manure/hay from grounds
- Follow marshal and course clerk's instructions
- Judge's decision is final
- Only riders and officials in marshalling areas

**DISCLAIMER:**

Neither the organising committee of any event to which these rules apply nor the Pony Club Association of South Australia Inc. accepts any liability for any accident, damage, injury to horses, owners, riders, grounds, spectators or any other persons.

Enquiries to: Kirsty Scarborough ph: 0433 216 704 or email [eventsecretaryonkasponyclub@outlook.com](mailto:eventsecretaryonkasponyclub@outlook.com)

**CLASSES AVAILABLE**

<b>COMPETITION:</b>	<b>TRAINING</b>
<p><b>Class 1: EA MAIDEN 500 m per minute over 1 km</b></p> <ul style="list-style-type: none"> <li>• Riders 12 years and over</li> <li>• <b>Rider must not have paced 1-3<sup>rd</sup> in a Ride 2 Time or Speed to Safety event previously</b></li> </ul> <p><b>Class 2: PC MAIDEN - 500 m per minute over 1 km</b></p> <ul style="list-style-type: none"> <li>• Riders 12 years and over</li> <li>• <b>Rider must not have paced 1-3<sup>rd</sup> in a Ride 2 Time or Speed to Safety event previously</b></li> </ul> <p><b>Class 3: EA Open 550 m per minute over 1 km</b></p> <ul style="list-style-type: none"> <li>• Riders 12 years and over</li> </ul> <p><b>Class 4: Pony Club Open 550 m per minute over 1 km</b></p> <ul style="list-style-type: none"> <li>• Riders 12 years and over</li> </ul>	<p><b>Class 5:</b></p> <ul style="list-style-type: none"> <li>• 220 m per minute over 1km (Pony Club Grade 6 equivalent)</li> </ul> <p><b>Class 6:</b></p> <ul style="list-style-type: none"> <li>• 285 m per minute over 1 km (Pony Club Grade 5 equivalent)</li> </ul> <p><b>Class 7:</b></p> <ul style="list-style-type: none"> <li>• 350 m per minute over 1 km (Pony Club Grade 4 equivalent)</li> </ul> <p><b>Class 8:</b></p> <ul style="list-style-type: none"> <li>• 400 m per minute over 1 km (Pony Club Grade 3 equivalent)</li> </ul>

Onkaparinga Pony Club gratefully acknowledges the generous support of the following sponsors for our inaugural *Ride 2 Time* event

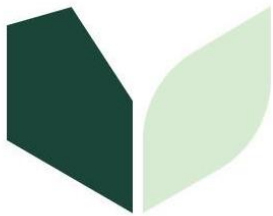


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